



Sermon Notes

We all know what it feels like to be drawn toward something or someone, but not every attraction leads us in the right direction. The Song of Solomon shows us that God designed love, desire, and attraction with purpose, beauty, and boundaries. When our hearts are aligned with Him, what attracts us begins to reflect what truly satisfies.

Attraction is a gift from God—but it must be guided by God.

Love Worth Singing About

Song of Solomon 1:1

- When was Song of Solomon written?
- Who is the Shulamite that is mentioned in this story (the woman)?

Attraction awakens desire, but wisdom directs it.

Song of Solomon 1:2

- She expresses strong desire for his physical affections. Her desires are normal, but they can't run free (she speaks in soliloquy).
- She shows restraint (she doesn't initiate a kiss, she only hopes for one). This shows us that in dating restraint ought to be observed.
- What is often called casual sex...is always costly sex.

Attraction deepens with character, not just chemistry.

Song of Solomon 1:3

- A person's name represented their character or reputation.
- A person is always so much more than their appearance.
- Let's become the type of person, that the type of person you are praying for...is looking for.
- Physical attraction may be the spark, but character is the fuel.
- Other people should be able to see the character that you see: "She should not be so infatuated that she imagines a scoundrel or bum to be her knight in shining armor. She should be able to say, 'rightly do I love you.' He should be the kind of person one ought to respect." (Richard Glickman)

Attraction thrives inside God's design (marriage).

Song of Solomon 1:4

- She just wants to be married. Good for her to place her desires where God wants them, within marriage.
- Desires can take us wrongly to porn, premarital sex, affairs, or rightly to the safety of a committed marriage.

Attraction is distorted by insecurity, God restores it.

Song of Solomon 1:5-6

- She has two insecurities: her appearance & his absence. Everyone comes into marriage with some insecurity that we must be sensitive to.
- In these verses we are brought face to face with self-image. How do we view ourselves? Can we accept ourselves.
- Remember: Looks deceive, looks decline (Proverbs 31:30).

Attraction matures through wisdom and time.

Song of Solomon 1:7-8

- She wanted to meet up with him at midday in public.
- She didn't want to be like a veiled woman, or "prostitute". She is not going to use sex to get Solomon. She proclaims her modesty.
- Modesty isn't about covering beauty. It's about directing attention to what matters most—valuing the person, not just the body/clothes.
- Proverbs 31:25 & 1 Timothy 2:9-10 speak about modesty.
- The man finally speaks in verse 8 and addresses both of her concerns very sensitively.

Human love is important and a wonderful gift from God.

- But it will never fully satisfy your deepest longing. That's not a flaw, it's a sign. It points to something greater. Our ultimate yes doesn't belong to another person, it belongs to God. And the love we're all searching for...is the love already proven at the cross. It is His love alone that can satisfy our deepest desires. This Song shows us love at its best, but the cross shows us love at its fullest.
- The Song of Solomon is about Israel's shepherd King, a descendant of David, who is treated as an ideal Israelite enjoying an ideal bride in a garden where the effects of the fall are reversed.

Choose a stage below for practical ways to live this out this week.

Singles

Dating

Married Recently

Married for a Long Time



40

