"Spend Wisely: Living with Contentment"

2026-01-11 (Jason Lee)

Money is not just about numbers - it's about trust, desire, and worship - things that are heavily integrated with our spiritual walk with the Lord and with each other

How does one spend money wisely as a follower of Christ?

Our spending does not happen in a vacuum.

"People dont' just spend money on things they find fun or useful. Their decisions often reflect the social and psychological experiences of their life." - Morgan Housel (The Psychology of Money / The Art of Spending Money)

Underneath all the cultural, societal, personal reasons behind our spending, there is one core issue: **Contentment**

1) Contentment is Learned, Not Found

Philippians 4:11-12:
I am not saying this because I am in need, for I have learned to be content whatever the circumstances. / I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

- Contenetment does not come from having more. It comes from needing less

"My goal was not to make a living; it was to make a life." - William Dawson (The Quest of the Simple Life)

2) Budgeting is a Spiritual Discipline

Matthew 6:21:
For where your treasure is, there your heart will be also.

- A budget is not about restriction; it is about formation. It helps you to say 'Yes!' to the better things and 'No!' to the lesser things.

3) True Contentement Comes from the Giver, Not the Gift

Philippians 4:13:
I can do all this through him who gives me strength.

- Our lives should not matter around the things we want to get. Our lives should solely matter on pursuing after the Giver of all things.

Application:

1. Identify one area where God is nudging you from impulse to intentionality.

2. Start with worship, Not Math

3. Practice one act of contentment each day

4. Keep it Simple! You are a human