

Real Help in Time of Need: The Holy Spirit Changes Us from the Inside Out

08/24/2025 - Andy Deane

When a warning light flashes on your car's dashboard, you know something needs attention. Ignoring it can lead to bigger problems down the road. In the same way, the Holy Spirit gives us warning lights in our lives. These are moments when He alerts us to sin, pride, or drifting away from God. Today we'll see how the Spirit not only opens our eyes to these dangers but also points us back to Jesus and produces lasting change from the inside out .

The Spirit Opens Our Eyes to Sin

John 16:8-11, *8 When he comes, he will prove the world to be in the wrong about sin and righteousness and judgment: 9 about sin, because people do not believe in me; 10 about righteousness, because I am going to the Father, where you can see me no longer; 11 and about judgment, because the prince of this world now stands condemned.*

1. He helps us see that sin doesn't deliver what it promises.
2. He helps us see what our root issue really is.

Romans 8:13, *For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.*

3. He helps us see the danger & damage of sinful living.
4. He helps us see the way forward starts with repentance.

The Spirit Points Our Eyes to Jesus

2 Corinthians 3:18, *And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.*

1 John 3:2, *we know that when Christ appears, we shall be like him, for we shall see him as he is*

1. He helps us see the glory of God as better than our idols.
2. He helps us see Christlike change in our lives slowly.

Ephesians 3:16-17a, *I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith.*

3. He helps us see a pathway to powerful change is prayer.
4. He helps us see Jesus in every room of our heart's home.

The Spirit Produces Fruit That People Can See

John 15:5, *"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.*

Galatians 5:19-23, *19 The acts of the flesh are obvious: sexual immorality, impurity and debauchery; 20 idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions 21 and envy; drunkenness, orgies, and the like. I warn you...those who live like this will not inherit the kingdom of God. 22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control...*

1. He helps us see that we grow by remaining in Jesus.
2. He helps us see the evidence of our previous choices.

What warning light is the Holy Spirit flashing in your life right now?

- Exhaustion
- Anxiety
- Anger
- Bitterness
- Temptation
- Isolation
- Indifference
- Pride
- Addiction
- Fear
- Unforgiveness
- Discouragement

Don't ignore it! Bring it to the Lord in prayer and invite a trusted friend to pray with you.