# The Overflowing Life: The Discontentment Trap 02/23/2025 - Andy Deane

The world markets calculated dissatisfaction to convince us we need more. We must reject materialism and find joy in contentment through Christ.

# 1. Short-sighted people sabotage their souls for money

## 1 Timothy 6:9-10

"Those who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge people into ruin and destruction. For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs."

- The issue isn't wealth but the love of money leading to:
  - o Temptation  $\rightarrow$  Falling into a destructive trap.
  - o Foolish & harmful desires → Ruin and grief.
  - o Spiritual downfall → Wandering from faith.

#### **Ecclesiastes 5:10**

"Whoever loves money never has enough; whoever loves wealth is never satisfied with their income. This too is meaningless."

#### Luke 12:15

"Then he said to them, 'Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions.'"

# 2. Spiritual people discover deep contentment in God

## 1 Timothy 6:6-8

"But godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that."

- True gain comes from godliness + contentment.
- We brought nothing into the world and take nothing with us.
- True contentment comes when our need meet God's amazing grace.

### Philippians 4:11-13; 19

"I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength... And my God will meet all your needs according to the riches of his glory in Christ Jesus."

#### Matthew 6:33

"But seek first his kingdom and his righteousness, and all these things will be given to you as well."

#### **Psalm 23:1**

"The Lord is my shepherd, I lack nothing."

#### Hebrews 13:5

"Keep your lives free from the love of money and be content with what you have, because God has said, 'Never will I leave you; never will I forsake you.'"

#### 2 Corinthians 9:7

"Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver."

#### Proverbs 11:25

"A generous person will prosper; whoever refreshes others will be refreshed."

# **Application – How to Resist Materialism:**

- 1. <u>Declutter</u> Simplify life by removing unnecessary excess.
- 2. <u>Prioritize Relationships</u> Invest in church, family, and community.
- 3. <u>Serve Regularly</u> Find ways to give your time to God's work.
- **4.** Give Faithfully Store up eternal treasures, not just earthly wealth.
- **5.** <u>Learn with Ramsey+</u>: Text "Ramsey" to (951)425-4425.
- **6.** Love What's Eternal: Jesus, Word, & Souls

#### Matthew 6:19-20

"Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal."

#### Matthew 6:34

"Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

## Will you let discontentment drive your life, or will you trust in God's sufficiency?

- True fulfillment comes not from chasing wealth, but seeking Christ.
- Choose contentment today!