Dr. Ron Armstrong • January 29, 2023 Financial Adulting Part 2

1 Corinthians 13:11 When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me.

Philippians 4:12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through him who gives me strength.

Malachi 3: "Will a mere mortal rob God? Yet you rob me. "But you ask, 'How are we robbing you?' "In tithes and offerings. "You are under a curse—your whole nation—because you are robbing me. 10 Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the Lord Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it. 11 I will prevent pests from devouring your crops, and the vines in your fields will not drop their fruit before it is ripe," says the LORD Almighty.

Adulting Principle #1: I must win the battle in my mind before my finances.

1. Cultivate the "I can" attitude.

a. I can learn contentment. With God's help I won't be controlled by fear, greed, boredom, or shame. (Spending triggers.) b. I can be trusted with more. Commit to practicing biblical money principles.

- c. I can be good at this. I am not controlled by my past, parents, or passions.
- 2. It's amazing what happens when I quit asking "if?" and start asking "how?"

Adulting Principle #2: I automate what helps me (blessing) and inconvenience what hurts me.

- 1. God blesses my tithe, my savings, and getting rid of debt, so I enhance my faithfulness by automating it.
- 2. The Bible warns me that I need God's protection against the little pests. People often say, "I don't even know where it went." The little pests got it.
- 3. Touch increases temptation:
 - a. When you touch the tithe, savings, or debt reduction money, you will always encounter temptation.
 - b. "I can handle it" is a poor strategy. The Bible teaches us to flee temptation; not "handle" it.

Adulting Principle #3: Adults change when we need to; and we need to. (Longevity changed your future.)

- 1. Life got longer, and the timing of life's stages changed. We can lament it or change with it.
- 2. You would be wise to begin planning for the Young-Old stage of life.

Adulting Principle #4: Adults talk about money.

- 1. If married, they talk to their spouse.
- 2. They develop a team of advisors.

Adulting Principle #5: Adults pull the wagon.

- 1. They do it for two reasons:
 - a. Adults know it's their job.

b. Adults know that's where the joy is. 2. Are you pulling the wagon or riding in it?

February 2- We'll talk specifically about income, investing, getting out of debt, and retirement.