

PSALMS

Andy Deane · 11/20/2022 · Psalm 103 (Forget Not All His Benefits)

In seeing how David stirs up more praise in Himself we'll hopefully remember even more reasons to praise God.

Where does our thanksgiving come from?

Psalm 103:1-2, *1 Praise the Lord, my soul; all my inmost being, praise his holy name. 2 Praise the Lord, my soul, and forget not all his benefits—*

1. Praise comes from: within no matter the outside factors (1)
2. Praise comes from: remembering God's goodness (2)

What are some good reasons to praise God for?

Psalm 103:3-5, *3 who forgives all your sins and heals all your diseases, 4 who redeems your life from the pit and crowns you with love and compassion, 5 who satisfies your desires with good things so that your youth is renewed like the eagle's.*

- He "forgives all your sins" (3)
- He "heals all your diseases" (3)
- He "redeems your life from the pit" (4)
- He "crowns you with love & compassion" (4)
- He "satisfies your desires with good things" (5)

We see other's struggle, does God bless them?

Psalm 103:6-7, *6 The Lord works righteousness and justice for all the oppressed. 7 He made known his ways to Moses, his deeds to the people of Israel:*

- "The Lord works...for ALL the oppressed" (6)
- He does this largely through his people (7)
- So that we would respond and reach out to those who are hurting.

Why would God be so good to us?

Psalm 103:8, *8 The Lord is compassionate and gracious, slow to anger, abounding in love.*

- It's just who God is!

Is God only merciful to small sinners?

Psalm 103:9-12, *9 He will not always accuse, nor will he harbor his anger forever; 10 he does not treat us as our sins deserve or repay us according to our iniquities. 11 For as high as the heavens are above the earth, so great is his love for those who fear him; 12 as far as the east is from the west, so far has he removed our transgressions from us.*

- The greatness of our sin doesn't overcome the greatness of our God. (v.11)
- Our sin is no match for His love! (v.12)
- Romans 6:1-2, *What shall we say, then? Shall we go on sinning so that grace may increase? By no means! We are those who have died to sin; how can we live in it...*

What happens if we keep failing?

Psalm 103:13-16, 13 *As a father has compassion on his children, so the Lord has compassion on those who fear him; 14 for he knows how we are formed, he remembers that we are dust. 15 The life of mortals is like grass, they flourish like a flower of the field; 16 the wind blows over it and it is gone, & its place remembers it no more.*

- “*As a father has compassion...so the Lord has compassion*” (v.13)
- He “*knows how we are formed...we are dust...grass*” (v.14-15)

If we don't have strength, how are we saved?

Psalm 103:17-19, 17 *But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children—18 with those who keep his covenant and remember to obey his precepts. 19 The Lord has established his throne in heaven, and his kingdom rules over all.*

- We rely on God's strength to finish the work He started! (v.17)
- Philippians 1:6, *being confident of this very thing...He who has begun a good work in you will complete it*'
- We show reliance by trusting His covenant & obeying Him (v.18)

The heavenly creatures praise Him, will we?

Psalm 103:20-22, 20 *Praise the Lord, you his angels, you mighty ones who do his bidding, who obey his word. 21 Praise the Lord, all his heavenly hosts, you his servants who do his will. 22 Praise the Lord, all his works everywhere in his dominion. Praise the Lord, my soul.*

- “*Praise the Lord, you his angels...*” (v.20-21)
- David wonders, will “*my soul*”? (v.22)