

## WIN THE WAR IN YOUR MIND

Andy Deane · 11/06/2022 · Lies We Believe (Part 2)

Today we'll: (1) expose 3 more common lies people believe, (2) see how they negatively affect our life, and (3) focus on the biblical truths that help us confront them.

Colossians 2:8, *See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ.*

### HERE ARE THREE MORE COMMON LIES PEOPLE TEND TO BELIEVE:

#### #1 “It’s not ok to be human & make mistakes”

- TRUTH: Only God is perfect. Humans make mistakes.
- Psalm 18:30, *As for God, his way is perfect...*
- Romans 3:23, *For all have sinned and fall short of the glory of God.*
- Believers make practical mistakes and spiritual ones (sin), because they are human.
- Proverbs 24:16, *...though the righteous fall seven times, they rise again...*
- How do we keep rising? For practical mistakes, we accept them, for spiritual ones, we repent.
- Psalm 37:23-24, *The Lord makes firm the steps of the one who delights in him; though he may stumble, he will not fall, for the Lord upholds him with his hand.*
- Matthew 19:21, *Jesus answered, “If you want to be perfect, go, sell your possessions and give to the poor, and you will have treasure in heaven. Then come, follow me.”*

#### #2 “If our marriage takes hard work, we must not be right for each other”

- TRUTH: Marriage doesn’t come easy, it requires work!
- 1 Corinthians 7:28, *...those who marry will face many troubles in this life...*
- A loving, healthy, happy marriage is made up of two imperfect people living together, working to glorify God.
- 1 Peter 4:8, *Above all, love each other deeply, because love covers over a multitude of sins.*
- Difficulty in our marriages often reveals where our own personal characteristics are lacking, and give us the opportunity to work on them.

#### #3 “No one understands me”

- The danger of this thinking is that the enemy is trying to isolate you.
- TRUTH: Jesus understands you.
- Jesus can relate to our temptations:  
Hebrews 4:15, *For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.*
- Jesus can relate to our pain:  
Isaiah 53:2b-3, *...He had no beauty or majesty to attract us to him, nothing in his appearance that we should desire him. He was despised and rejected by man, a man of suffering, and familiar with pain.*
- The church is full of those who know they are sick and need Jesus to help them.
- Matthew 9:12, *On hearing this, Jesus said, “It is not the healthy who need a doctor but the sick.”*
- If you’ve recognized your need for God, then you’re home.
- If you’ve forgotten your need for God, then you’re wrong.

## **What is the lie you are most tempted to believe?**

Here is the challenge again this week:

1. Identify it
2. Consider how it impacts your life
3. Search for truth in Scripture
4. Tell a mentor (or your Life Group / Discipleship Group)
5. Ask them for prayer to believe truth